



MICHAEL K. JACKSON

INTERNATIONAL

Speaker | Author |
Resilience & Well-Being Strategist



Michael K. Jackson is a Caribbean American inspirational keynote speaker, author, and emotional resilience & well-being strategist. He has over two decades of business and government leadership experience. Over the last decade, he has conducted hundreds of presentations and trained and coached thousands of entrepreneurs, business owners and leaders from the U.S. and around the globe.

Michael has overcome significant challenges in his personal and professional life (including the sudden loss of his father when his home island of St. Thomas was struck by two back-to-back Category 5 hurricanes) that have prepared him to guide leaders along their success journey.

Michael partners with corporations, associations and non-profit organizations to help promote workplace well-being and equip leaders to build their emotional resilience. He leverages his own experiences along with scientific research to provide incredible value to the organizations with which he works. No matter the audience, Michael delivers a customized presentation that targets the needs of the client.

After experiencing Michael's signature message, "Build Back Stronger: The Power of a P.L.A.N. in the Face of Adversity," audiences learn a proven 4-step "hurricane-proof" process to overcome obstacles in all aspects of their life, whether they are the result of a traumatic experience or every day stress. Participants walk away with specific tips, tools and techniques to build their emotional resilience and well-being, resulting in reduced stress and increased profits, productivity and peace of mind for them and their organizations.

Topics Michael writes and speaks about include:

- Building emotional resilience and well-being ("Build Back Stronger")
- Succeeding with faith, vision, purpose and perseverance
- Defeating fear, anxiety, worry and doubt

Michael is a coauthor of the Amazon Best Seller, "Speaking My Truth: 50 Real Life Stories that inspire, Empower, Heal, and Transform," which is a precursor to his forthcoming solo publication, "Building Back Stronger."

Michael holds the ATD Master Trainer and NASBITE Certified Global Business Professional (CGBP) credentials. He has an MBA in International Business and a B.S. in Government & Politics/International Relations. He is a husband, a proud father of 4 girls and a veteran of the U.S. Air Force.

If you are a meeting professional or event organizer who seeks a dynamic, engaging and inspiring speaker for your next conference or meeting – one who will empower audiences to transform their lives and impact their organizations' bottom line - then contact Michael. He is at your service.

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Michael's Signature Message: "Build Back Stronger"



in the Face of **ADVERSITY:**
4 Simple Steps to Become a More Resilient Leader

Testimonials

"Michael is a talented speaker who effectively leverages his experience to provide remarkable insights for his audiences. Michael is impressive in the way that he inspires listeners to adopt a process for building their own resiliency to overcome adversity. He has the ability to easily build rapport, credibility and connectivity with a wide variety of audiences."

John F. Edwards
CEo (Chief Excitement Officer), The Edwards Group

"Michael was great in the presentation he made on 'how to recover from setbacks and build back stronger'. His message inspired our staff members who could relate with the examples Michael shared."

Binola Mehtaji, MBA-HR, PHR, SHRM-CP

Human Resources Business Partner
The National Committee for Quality Assurance (NCQA)